

The Nashua Historical Society



# Newsletter

"Hot off the Press from NHS" February 2012

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## Cook Books Display

A collection of old cook books and recipe cards from one of our volunteers, Gail Pinet, is on display in the front hall cabinet.

The books at the society are just a sample, as Gail has collected over 300 old cook books.

"Of all the rules tested or tasted by the author, this is much the best for this time-honored, old fashioned cake."

The following recipes for honey muffins and blueberry cake are from The "Reliable" Method, published in 1913 by the Reliable Flour Company, Boston, MA.

### Honey Muffins

1 egg, beaten  
1/2 cup milk  
1-1/2 tablespoons strained honey  
1-1/2 cups Reliable Prepared Flour  
Bake in muffin pans.

*(Sorry, the cookbook does not give temperature or time for this recipe to bake.)*

### Blueberry Cake

1-1/8 cups sugar  
1/2 cup butter  
3 eggs  
1 cup milk  
3 cups Reliable Prepared Flour  
1 cup pastry flour  
2-1/2 cups blueberries.

*(Sorry, the cookbook does not give temperature or time for this recipe to bake.)*

Please stop by this Newsletter each month to keep up to date on what's happening at the Nashua Historical Society