Cook Books Display

A collection of old cook books and recipe cards from one of our volunteers, Gail Pinet, is on display in the front hall cabinet. The books at the society are just a sample, as Gail has collected over 300 old cook books.

The following recipes for honey muffins and blueberry cake are from The "Reliable" Method, published in 1913 by the Reliable Flour Company, Boston, MA.

Honey Muffins

1 egg, beaten
1/2 cup milk
1-1/2 tablespoons strained honey
1-1/2 cups Reliable Prepared Flour
Bake in muffin pans.

(Sorry, the cookbook does not give temperature or time for this recipe to bake.)

"Of all the rules tested or tasted by the author, this is much the best for this time-honored, old fashioned cake."

Blueberry Cake

1-1/8 cups sugar
1/2 cup butter
3 eggs
1 cup milk
3 cups Reliable Prepared Flour
1 cup pastry flour
2-1/2 cups blueberries.

(Sorry, the cookbook does not give temperature or time for this recipe to bake.)

Please stop by this Newsletter each month to keep up to date on what's happening at the Nashua Historical Society.